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B.S.S. Institute Ramiro de Maeztu (Madrid) -1968
M.S. (Psychology) U. Complutense (Madrid) -1973
M.S. (Clinical Psychology) U. Complutense (Madrid) -1974
Ph.D. (Psychology) U. Complutense (Madrid) -1982
Clin.Psych (Clinical Psychologist) M.E.C.D. (Title of new creation) -1999

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LAST ACADEMIC POSITION, Retired since Oct. 1, 2020:

2004 – 2020 Department of Personality, Psychological Assessment and Clinical Psychology; Full-Professor (Chairman) of Psychotherapy and Clinical Psychology (Faculty of Psychology; Complutense University of Madrid, Madrid- SPAIN)

PREVIOUS ACADEMIC POSITIONS:

1976 - 1978 Part-time Associate Professor of PSYCHODIAGNOSIS (Department of Experimental Psychology - Faculty of Philosophy and Educational Sciences, Universidad Complutense de Madrid).
1978 - 1982 Part-time Associate Professor of PSYCHODIAGNOSIS (Department of Developmental Psychology and Individual Differences - Faculty of Psychology, Universidad Complutense de Madrid)
1982 - 1986 Full-time Assistant Professor of PSYCHODIAGNOSIS and PSYCHOLOGICAL ASSESSMENT II (Department of Psychodiagnosis - Faculty of Psychology - Universidad Complutense de Madrid)
1986 - 1990 Professor (Titular) of PERSONALITY, ASSESSMENT AND PSYCHOLOGICAL TREATMENT (Department of Personality, Psychological Assessment and Clinical Psychology; Faculty of Psychology - Universidad Complutense de Madrid)
1985 - 1990 Professor - Coordinator of PSYCHOLOGICAL ASSESSMENT II (Clinical Psychology speciality)
1990 - 1995 Full-Professor of Personality, Psychological Assessment and Treatment; Chair in Psychotherapy - (Faculty of Psychology; Department of Personality, Psychological Assessment and Treatment; University of Salamanca, Salamanca- SPAIN)
1995 - 2001 Head of the Department of Personality, Psychological Assessment and Treatment (Elected); Chair in Psychotherapy - (Faculty of Psychology; University of Salamanca, Salamanca- SPAIN)
2001 - 2004 Department of Personality, Psychological Assessment and Treatment; Full-Professor (Chair) in Psychotherapy - Director of the Research Unit on Clinical Psychology and Psychotherapy – Director of the Doctorate Program on Clinical Psychology (Faculty of Psychology; University of Salamanca, Salamanca- SPAIN)

MAIN TRAINING AND DEGREES:

Research Fellow of the International Psychoanalytical Association - University College London- Research Training Program of the IPA (1997).
Professional Psychotherapist (Psychoanalytical), Full-member and Training Member recognized by Institute of Relational Psychotherapy (Previously by SEGPA & QUIPÚ / FEAP [EAP/IFP]) (1989). Also Psychologist specialized in Psychotherapy (EFPA-COP accreditation)
Clinical Psychologist by Ministerio de Sanidad y Consumo-M.E.C.D. (España), 24/11/1999 (Honour designation on occasion of introduction of new Clinical Psychology speciality in Spain)
Doctor (Ph.D.) in Psychology by Universidad Complutense de Madrid, 3/12/1982.
Master (Diploma) of Psychology (Clinical) by Escuela de Psicología y Psicotecnia de la Universidad Complutense de Madrid, 10-10-1974.

MAIN COURSES TAUGHT:

Relational Psychoanalysis - Psychotherapy Process and Research - Individual and Group Psychotherapy - Personality Disorders: Assessment and Treatment - Clinical Psychological Assessment - Projective Techniques - Emotion and Personality Assessment - Mental Health Interview Drug Abuse Assessment Basic Principles of Psychotherapy
Clinical Psychoanalysis: A Review Depression Theories and Models Forensic Psychological Assessment

THEMES OF THE MAIN RESEARCH PROGRAMS CONDUCTED

Individual Psychotherapy Process Research; Assessment Tools relevant to Psychotherapy Process Research: TASC, CCRT, PPQS, HAQ, FRAMES, among others, including the development of new ones (TLAP, USALC).
Group Psychotherapy Process Research: Implications for Theory and Technic Thematic Apperception Test / Psychodynamic aspects for assessment and treatment planning.
Development of National Versions (Translation and Validation to Spanish) of Main Clinical Assessment Tools: MCMI, MCMI-II, MAPI & MBHI; MMPI-2 & MMPI-A; IAS.
Community Psychology Program Evaluations; Forensic Psychological Assessment Tools
Clinical specific assessment scales: Depression, Social Desirability and Need for Approval
Design of Emotion and Personality Assessment Adjective Checklists

PROFESSIONAL EXPERIENCE:

Clinical Psychologist from 1974 to 1984 (Grupo Quipú de Psicoterapia, Madrid)
Psychoanalytical Psychotherapist [Group, Family, Couple and Individual Therapy] from 1984 to present. (Ágora Relacional, Madrid, s. 2006).
Director-Supervisor of the Psychological Care and Mental Health Unit for University Students and Employees 1995-2004 (UAPSMU-SOU, Universidad de Salamanca, Spain)
Clinical Director & Supervisor of ÁGORA RELACIONAL, Madrid, under agreement with Complutense University General Foundation (2006-2017). From 2018, under Honor agreement.

CURRENT SCIENTIFIC AND PROFESSIONAL ORGANIZATIONS MEMBERSHIP:

Full-Member of the INTERNATIONAL ASSOCIATION FOR RELATIONAL PSYCHOANALYSIS AND PSYCHOTHERAPY (IARPP) since 2002. Member of the Board 2011-2018.
Full-member of INTERNATIONAL ASSOCIATION OF PSYCHOANALYTIC SELF PSYCHOLOGY (IAPSP).
Honorary Chairman & Full-member (Training Functions Member) of INSTITUTO DE PSICOTERAPIA RELACIONAL [IPR] (Madrid, España) [IPR is member of FEAP: Spanish Federation of Psychotherapy Associations; IFP: International Federation of Psychotherapy; IAPSP: International Association of Psychoanalytic Self Psychology]

MAIN HONORS RECEIVED:

IX IARPP Conference co-chair (Madrid, 2011)
Honorary Chairman of the INSTITUTE OF RELATIONAL PSYCHOTHERAPY (Former President: 2006-2014)
Honorary Chairman of the Spanish Chapter of the INTERNATIONAL ASSOCIATION FOR RELATIONAL PSYCHOANALYSIS AND PSYCHOTHERAPY (IARPP-SPAIN) (Former President: 2005 to 2015);
Nominated for General Vice-President of the SOCIETY FOR PSYCHOTHERAPY RESEARCH (June 2001).
Honorary Chairman of the FEDERACION ESPAÑOLA DE ASOCIACIONES DE PSICOTERAPEUTAS (FEAP) (Spanish Federation of Psychotherapist's Associations) (2000). President (elected) from 1992 to 1999.
Vice-president of Colegio Oficial de Psicólogos (Madrid Area: 1982-1990; National: 1990-1993) (Spanish professional psychology organization)
Honor member of several associations and Institutes (Asociación para el Desarrollo de la Psicoterapia, ADP, Zaragoza; Institut Català Donald Winnicott, Barcelona; between others)

PUBLICATIONS:

More than 250 publications (books as author; books as editor; papers, book chapters and others) and contributions presented to national and international Congresses and Simposia. Some of them are:

Main Books:

- ÁVILA ESPADA, A. (2023). *Relacionalidad, nuestra esperanza (Escritos Escogidos)*. Madrid: Ágora Relacional, Col. Pensamiento Relacional nº 27 ISBN 978-84-125655-4-6
- ÁVILA ESPADA, A. (Ed.) (2018). *RELATIONAL HORIZONS. Mediterranean voices bring passion and reason to relational psychoanalysis*. Astoria, NY: International Psychoanalytic Books (<http://www.ipbooks.net>) ISBN 978-0-9995965-7-9
- ÁVILA ESPADA, A. (2013). *La tradición interpersonal. Perspectiva social y cultural en psicoanálisis*. Madrid: Ágora Relacional [The Interpersonal Tradition. Social and Cultural Perspective in Psychoanalysis] Paperback & Kindle editions.
- ÁVILA-ESPADA, A., ROJÍ MENCHACA, B. y SAUL GUTIÉRREZ, L.A. (comps.) (2004). *Introducción a los tratamientos psicodinámicos*. Madrid: Universidad Nacional de Educación a Distancia, 712 pp. [Introduction to Psychodynamic Treatments] Paperback & e-book
- RODRIGUEZ-SUTIL, C. & ÁVILA-ESPADA, A. (1999). *Evaluación, psicopatología y tratamiento en Psicología Forense*. Madrid: Fundación Universidad- Empresa. 189 pp. [Assessment, Psychopathology and Treatment in Forensic Psychology].
- POCH-BULLICH, J. & ÁVILA-ESPADA, A. (1998). *Investigación en Psicoterapia (La contribución psicoanalítica)*. Barcelona: Paidós. 325 pp. [Psychotherapy Research. The Psychoanalytic Contribution].
- ÁVILA-ESPADA, A. (Ed.) (1996). *Evaluación en Psicológica Clínica. Volumen II: Estrategias Cualitativas* Salamanca: Amaru, 460 pp. (Clinical Psychological Assessment Vol.II. Qualitative Strategies)

- ÁVILA-ESPADA, A. & GARCIA DE LA HOZ, A. (Eds.) (1994). *Aportaciones de la psicoterapia de grupo a la atención pública en salud mental*. Madrid: Quipú ediciones Serie SEGPA. 385 pp. [Contributions of Group Psychotherapy to Public Mental Health Care]
- ÁVILA-ESPADA, A. & POCH I BULLICH, J. (Eds.) (1994). *Manual de técnicas de psicoterapia. Un enfoque psicoanalítico*. Madrid: Siglo XXI de España Editores, S.A. Col. Manuales Psicología. 795 pp. [Handbook of Psychotherapy from a Psychoanalytic point of view].
- ÁVILA-ESPADA, Alejandro (Ed.). (1993). *Manual de Psicoterapia de Grupo Analítico-Vincular*, Volúmenes I y II. Madrid: Quipú Ediciones, Serie Textos. Volumen I: 393 pp. ; Volumen II: 352 pp. [Handbook of Group Psychotherapy from Psychoanalytic Point of view]
- ÁVILA-ESPADA, A. (Ed.) (1992). *Evaluación en Psicología Clínica. Volumen I: Proceso, Método y Estrategias Psicométricas* Salamanca: Amaru 419 pp. (Clinical Psychological Assessment Vol.I. Process, Method and Psychometric Strategies)
- MORENO, B., ÁVILA, A., y SANCHEZ-BARRANCO, A. (Eds.) (1992). *Psicoanálisis, Psicoterapia Psicoanalítica y Marco Universitario: Una Aproximación Docente*, Universidades de Málaga, Salamanca y Sevilla. 133 pp. [Psychoanalysis, Psychoanalytic Psychotherapy and University Environment].
- ÁVILA-ESPADA, A. (1986). *Manual Operativo para el Test de Apercepción Temática* Madrid: Pirámide. 351 pp. (Operational Handbook for TAT)
- ÁVILA-ESPADA, A. & RODRIGUEZ-SUTIL, C. (Eds.) (1986). *Psicodiagnóstico Clínico* Bilbao: Desclee de Brouwer, 381 pp; 2nd edition (revised): Madrid: Eudema. (Clinical Psychodiagnosis).

Selected Papers and Chapters:

- ÁVILA ESPADA, A. (2022). La psicoterapia de grupo desde la perspectiva relacional del psicoanálisis. *Revista de Psicoterapia*, marzo, 2022, Vol. 33, Nº 121, págs. 65-69
- ÁVILA ESPADA, A. (2021). El Trauma Narcisista: desde Kohut al Psicoanálisis Relacional. En la obra de L.R. Guerra y S. Jiménez (eds). *Temas actuales en Psicoanálisis Contemporáneo*. Barcelona: Octaedro.
- ÁVILA ESPADA, A. (2021). A Perspectiva Relacional: a clínica psicoterapêutica redescobre a esperança. *Revista PsiRelacional*, N.º 2 NOVEMBRO DE 2021 (Portugal), pp. 135-164.
- CODERCH DE SANS, J. y ÁVILA ESPADA, A. (2021). Algunas razones que explican la transformación del psicoanálisis en muchos psicoanálisis. *Revista PsiRelacional*, nº 1, Marzo 2021, 89-107.
- ÁVILA ESPADA, A. (2021). Retazos sobre la identidad y el Self de un psicoterapeuta psicoanalítico relacional. En la obra de R.A. Mon (Comp). (2021). *Los caminos al psicoanálisis relacional*. Madrid: Ágora Relacional, Col. Pensamiento Relacional-Serie Ensayos y Experiencias nº 3.
- ÁVILA ESPADA, A. (2021). Can we learn on psychotherapeutic process dimensions with single case study?. A Comprehensive Model of Change Processes Integrating Qualitative & Quantitative Methods derived from a Case under Psychoanalytic Psychotherapy. *Revista de Psicoterapia*, 32(118), 273-301. <https://doi.org/10.33898/rdp.v32i118.452>
- ÁVILA ESPADA, A. (2020). La Psicoterapia y el Cambio Psíquico, entre las evidencias basadas en la práctica, y la práctica basada en las evidencias. Una reflexión relacional sobre la psicoterapia en el siglo XXI. *Revista de Psicoterapia*, 31(116): 29-52. [English version: Psychotherapy and Psychic Change, between evidence based on practice, and practice based in evidence. A relational reflection on Psychotherapy in the XXI Century] DOI: <https://doi.org/10.33898/rdp.v31i116.401>
- AVILA ESPADA, A. (2020). El psicoanálisis relacional y la teoría del apego. *Clínica e Investigación Relacional*, 14 (1): 45-61.
- ÁVILA ESPADA, A. (2019). La paternidad desde el punto de vista relacional. Sobre el “nacimiento del padre”. *Clínica e Investigación Relacional*, 13 (1): 148-169.
- ÁVILA ESPADA, A. (2016). Perspectivas relacionales frente al conflicto social: el compromiso del clínico relacional con la acción transformadora. *Clínica e Investigación Relacional*, 10 (3): 723-727. [Relational Perspectives Facing Social Conflict: Relational Clinician's Commitment to Transforming Action]
- ÁVILA ESPADA, A. (2016). El *impasse*, entre la omnipotencia y la esperanza. *Temas de Psicoanálisis* nº 11 (Enero 2016). [The *impasse*, between omnipotence and hope]
- ÁVILA ESPADA, A. (2015). Psicoterapia psicoanalítica relacional. Lugar de encuentro de la evolución del psicoanálisis. Cap. 3 (pp.41-62) en la obra de J. Guimón (Coord.) *Un cuarto de siglo de psiquiatría psicodinámica*. Madrid: Eneida/Puntos de Vista 40. [ISBN 9788415458869] [Relational psychoanalytic psychotherapy. Meeting place of the evolution of psychoanalysis]
- ÁVILA ESPADA, A. (2015). Psychoanalysis in Spain: A Brief Account of the Transformative Pathways Between the Psychoanalysts and Their Institutions. *Psychoanalytic Inquiry: A Topical Journal for Mental Health Professionals*, 35 (2): 234- 239. DOI: 10.1080/07351690.2014.974417)
- ÁVILA ESPADA, A. (2014). The intersubjective: A core concept for psychoanalysis. *International Forum of Psychoanalysis* (e-pub en 2014: DOI: 10.1080/0803706X.2014.967813)
- ÁVILA ESPADA, A. (2014). Intersubjetividad y soluciones narcisistas. Del narcisismo proactivo, fuente de soluciones protésicas para la identidad a sus transformaciones. *Temas de Psicoanálisis* nº 8 (Julio 2014). [Intersubjectivity and narcissistic solutions. From proactive narcissism, source of prosthetic solutions for identity to its transformations]
- ÁVILA ESPADA, Alejandro & DOMÍNGUEZ, Rosa (2014). Dreams and change processes in an ex-prostitute under relational psychoanalytic psychotherapy: Ferenczian and relational views, *International Forum of Psychoanalysis*, 23 (1): 23-29.
- ÁVILA ESPADA, A. (2013). La relación, contexto determinante de la transformación. *Temas de Psicoanálisis*, 6 (e-pub Julio 2013) [Relationship, a decisive context for transformation]
- ÁVILA ESPADA, A. (2011). Dolor y sufrimiento Psíquicos. *Clínica e Investigación Relacional*, 5 (1): 129-145. (e-pub) [Psychic Pain and Suffering]

- GARCÍA MANTILLA, M.; LÓPEZ DEL HOYO, Y.; ÁVILA ESPADA, A.; POKORNY, D. (2011). Evaluación del cambio mediante el método CCRT-LU-S en un caso de Duelo no resuelto tratado mediante Psicoterapia Psicoanalítica Focal. *Revista Argentina de Clínica Psicológica*, XX: 5-13. [Change Assessment through CCRT-LU-S Method in a case with pathological grief treated by focal psychoanalytic psychotherapy]
- ÁVILA ESPADA, A. (2009). La psicoterapia psicoanalítica relacional: conceptos fundamentales y perspectivas. *Interpsiquis*, 2009 (1). (e-pub) [Relational Psychoanalytic Psychotherapy: Essentials and Perspectives]
- ÁVILA ESPADA, A. (2009). Artesano de necesidades y tiempos, el psicoterapeuta realiza sus obras con restos de naufragios. *Clínica e Investigación Relacional*, 3 (3): 582-592. (e-pub) [The Psychotherapist, Artisan of Needs and Time, Creating its Works by Salvaging Remains from Wrecks]
- FEIXAS, G., SAÚL, L.A. y ÁVILA ESPADA, A. (2009). Viewing Cognitive Conflicts as Dilemmas: Implications for Mental Health. *Journal of Constructivist Psychology*, 22: 141-169
- LIBERMAN, A., ÁVILA ESPADA, A. y RODRÍGUEZ SUTIL, C. (2009). El futuro de la perspectiva relacional. Reseña-comentario de la entrevista a Lewis Aron realizada por Jeremy Safran. *Clínica e Investigación Relacional*, 3 (3): 574-581. (e-pub) [The future of Relational Perspective. Review and Comments to Lewis Aron's interview by Jeremy Safran]
- ÁVILA ESPADA, A. y MORENO, C. (2008). La intervención psicológica en infertilidad. Orientaciones para un protocolo de actuación clínica. *Papeles del Psicólogo*, 29 (2): 186-196 [Psychological Intervention in Infertility: Guidelines for a clinical intervention protocol]
- FELIPE CASTAÑO, E. y ÁVILA-ESPADA, A. (2008). Trastornos de Personalidad y conducta interpersonal: un análisis dimensional a partir del circumplex interpersonal. *Revista de Psicopatología y Psicología Clínica*, 13 (1), 33-43. [Personality Disorders and Interpersonal Behavior: Dimensional Analysis by means of Interpersonal Circumplex]
- COSCOLLA, A., CARO, I., ÁVILA, A., ALONSO, M., RODRIGUEZ, S. & ORLINSKY, D. (2006). Theoretical Orientations of Spanish Psychotherapists: Integration and Eclecticism as Modern and Postmodern Cultural Trends. *Journal of Psychotherapy Integration*, 16 (4): 398-416.
- ÁVILA ESPADA, A. (2005). La función parental en la adopción. *Revista Iberoamericana de Diagnóstico y Evaluación Psicológica*, 19 (1): 191-204. [Parenting function in Adoption]
- ÁVILA ESPADA, A. (2005). Al cambio psíquico se accede por la relación. *Intersubjetivo*, 7 (2), 195-220. [Relation: the path to Psychic Change]
- ÁVILA ESPADA, A. y MITJAVILA, M. (2003). El método del Plan de Acción Latente del Terapeuta (TLAP). Un nuevo método para predecir la contribución cualitativa del terapeuta al resultado del tratamiento. *Subjetividad y Procesos Cognitivos*, 3. 9-33. [Therapist' Latent Action Plan Method. A new research tool]
- ÁVILA-ESPADA, A., GASPARINO, A., RUBÍ, M.L. Y ESPINOSA, S. (2003). "Il nuovo inizio" e "la seconda opportunità di sviluppo": un cammino tra alcuni concetti ferencziani e winnicottiani per presentare il lavoro psicoanalitico contemporaneo. En Boschioli, A., Albasi, C. y Granieri, A. (Eds.). *Incontrando Sándor Ferenczi. Temi ferencziani nella pratica clinica contemporanea*. (pp. 45-59). Bergamo: Moretti & Vitali ed. [Is there a hidden Ferenczi behind Winnicott?]
- ÁVILA ESPADA, A. (2003). ¿Hacia dónde va la psicoterapia? Reflexiones sobre las tendencias de evolución y los retos profesionales de la psicoterapia. *Revista de la Asociación Española de Neuropsiquiatría*, XXIII (Junio/Septiembre 2003) (87), 67-84. [Where goes psychotherapy?]
- FELIPE, E. y ÁVILA-ESPADA, A. (2002). Los perfiles interpersonales: Aspectos clínicos del Circumplex Interpersonal de Wiggins. *Revista de Psicopatología y Psicología Clínica*, 7 (1), 19-34. [On Wiggins' Circumplex Interpersonal Model]
- ÁVILA ESPADA, A et al. (2002). Percepción del desarrollo profesional del psicoterapeuta en España. *Revista Internacional de Psicología y Terapia Psicológica*, 2 (2), Diciembre 2002, pp. 129-218. [Psychotherapist' development in Spain]
- ÁVILA ESPADA, A. et al (2002). Reflexiones sobre la potencialidad transformadora de un psicoanálisis relacional. *Intersubjetivo*, 4 (2), 155-192 [On Relational Psychoanalysis]
- ÁVILA ESPADA, A. (2001). Reglas, vectores y funciones del encuadre: su papel generador del proceso analítico. *Intersubjetivo*, 3 (1), 29-42.
- ÁVILA-ESPADA, A. (2000). Objective Scoring for the TAT. In R.H. Dana (Ed.) *Handbook of Cross-Cultural and Multicultural Personality Assessment*. (pp. 465-480). Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers.
- ÁVILA-ESPADA, A. & JIMÉNEZ GOMEZ, F. (1996). The Castilian Version of the MMPI-2 in Spain: Development, Adaptation, and Psychometric Properties. in James N. Butcher (Ed.). *International Adaptations of the MMPI-2. Research and Clinical Applications*. (pp. 305-325). Minneapolis, MN: University of Minnesota Press.
- PRIETO, J. M. & ÁVILA-ESPADA, A. (1994). Linking Certified Knowledge to Labour Markets. *Applied Psychology: An Int. Review*, 43, (2) 113-130.
- ÁVILA-ESPADA, A. (1993). Deontology and Psychology: From Deontological Thought to Professional Practice. *European Review of Applied Psychology*, vol. 43, (2), pp. 143-148.
- ÁVILA-ESPADA, A. & GIMENEZ DE LA PEÑA, A. (1991). Adjectives in Psychological Assessment Tasks: Instruments and applicatios in the psychology of emotion and personality. *Evaluación Psicológica / Psychological Assessment*, 1991, Vol.7 (3) pp.307-331.

